

Veer Narmad South Gujarat University, Surat
M.A. Psychology(Semester- II)
Paper- CCT-06
Theory and Systems of Psychology-II
(To come in force from June, 2010)

University Exam : 70 Marks
Internal Exam : 30 Marks

100 Marks

Objective: The objective of this course is to apprise the students with various theories and systems of psychology and to provide the theoretical base of psychology.

Unit – I

1. Conditioned Reflexes:
 - i. Introduction
 - ii. Pavlov's Postulates and Principle
 - iii. Conditioning
 - iv. Explanation of Condition
 - v. Criticism and value of Conditioning
 - vi. Vladimir M. Bekhterev
 - vii. Soviet Psychology after Pavlov and Bakhterev

2. Behaviorism:
 - i. Introduction
 - ii. Principles of Watson's Behaviorism
 - iii. Some earlier Behaviorist
 - iv. Karl S. Lashley
 - v. Donald Hebb
 - vi. Criticism of Behaviorism
 - vii. Evaluation of Behaviorism

3. Neo – Behaviorism and Neo-Behaviorists:
 - i. Introduction
 - ii. Edwin Guthrie
 - iii. Burrhus Frederick Skinner
 - iv. Edward Chase Tolman
 - v. Clark Leonard Hull
 - vi. Gregory Razran

4. Purpsivism:
 - i. Introduction
 - ii. William Mcdougall

Unit-II

5. Gestaltism:

- i. Introduction
- ii. Forerunners of Gestaltism
- iii. The meaning of Gestalt
- iv. Methodological bases
- v. Laws of Perceptual Organisation
- vi. Learning through insight
- vii. Criticism of Gestaltism

6. Field Theory:

- i. Introduction
- ii. Scientific nature of field theory.
- iii. Lewin's mathematical concepts and logical constructs.
- iv. Lewin's theory of Behavior.
- v. Studies of group dynamics.
- vi. Lewin's Personality theory.
- vii. Evaluation of field theory.
- viii. Contribution of Lewin's.

7. Organismic and Personalistic Psychology:

- i. Kurt Goldstein
- ii. Jacob Robert Kantor
- iii. Personalistic Psychology
- iv. William Stern
- v. Edouard Spranger
- vi. G.W.Allport

Basic Books:

1. Wolman B.B. 'Contemporary theories and Systems in Psychology. 'New York' Harper (1960).
2. Marx M.H. & Hillix W.H.; 'Systems and theory of Psychology', NewYork, McGraw Hill (1963)
3. Marx M.H. "Theories in contemporary Psychology' , New Macmillan (1964).

Veer Narmad South Gujarat University, Surat
M.A. Psychology (Semester- II)
Paper-CCT-07
Experimental Designs in Psychology and Psychological Statistics-II

(To come in force from June, 2010)

University Exam	: 70 Marks
Internal Exam	: 30 Marks

	100 Marks

Objective: This course aims at familiarizing students with various designs of experiments along with statistical procedures.

Unit -1 (Experimental Designs)

1. Ex-Post Facto Design: Characteristics or nature, Advantages and Limitations, One-group after only design (Ex-Post factor Design)
2. Non-Experimental Research designs. Quasi- Experimental Research Designs. Advantages and Limitations.

Unit-2 (Psychological Statistics)

3. Testing significance of Mean and other statistics:
Null Hypothesis and levels of significance.
Concept of significance of differences between means, level of confidence, Degrees of freedom, setting up confidence – intervals for the population mean.
4. Testing significance between means and between other statistics. χ^2 Test.
5. Analysis of Variance (ANOVA)
Concept of analysis variance.

Readings:

1. Edwards A.K. (1976), Experimental designs in Psychological Research, New York, Holt.
2. Minimum E.W., King B.M., Bear G. (1993) – Statistical reasoning in Psychology and Education, New York, John Wiley.
3. Sigel S., (1994), Non Parametric Statistics, New York, McGraw Hill
4. Yagnik, Dhila, Chothani (2005), Shanshodhan Padhdhati, Akshar Publication, Ahmedabad.

Veer Narmad South Gujarat University, Surat
M.A. (Psychology)(Semester- II)
Paper-CCT-08
CLINICAL PSYCHOLOGY-II
(To come in force from June, 2010)

University Exam : 70 Marks
Internal Exam : 30 Marks

100 Marks

OBJECTIVE :

- This paper focuses on the contribution on different theoretical approaches to psychopathology to the area of clinical and aims.
 - To train students in different approaches to counseling and psychotherapy.
 - To help develop a balanced view of the various therapies and the practical techniques employed
 - To help students familiarize themselves, gain knowledge and work towards developing an integrative perspective.
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UNIT-I

1- Introduction to Psychotherapy :

Training of the clinical therapist, aims of psychotherapy various techniques of psychotherapy.
Factors influencing the effectiveness of psychotherapy.

2- Psychotherapeutic devices :

Catharsis.
Suggestion.
Hypnotism.
Desensitization and Reconditioning.
Explanatory & Interpretive psychoneurolysis.
Bibliotherapy.

3- Psychoanalytic psychotherapy :

Nature of psychotherapysis
Free Association Method
Dream interpretation
Psychotherapeutic procedure of Psychoanalysis
Limitation of psychoanalysis

4- Group Psychotherapy :

psychodrama
Play therapy

Non directive Psychotherapy

Recreation therapy

Role of the clinic

Evolution

UNIT-II

5- Medical Psychotherapy :

Shock Therapy

Insulin Therapy

Psycho surgery

Scope & Limitations of Medical Psychotherapy.

6- Preventive Psychotherapy :

Public mental health

conditions and requirements

Analysis of public mental health

Difficulties

Counseling & Guidance

7- Clinical Psychologist in the clinic

Clinical staff functions of the clinical psychologist

clinical set up

Modern clinical dilemma

READINGS :

1- Corey G. (1986) Theory and practices of counseling and psychotherapy. Monterey California : Brooks / cole publishing Company.

2- Woolberg, L.R. (1998) The techniques of psychotherapy Barcour Brace : Grune & Stratton.

3- Subdberg, N.D. and Taylor L.E. : Clinical Psychology, London Methuen 1963

4- Holland G.A. : Fundamentals of Psychotherapy, New York, Holt. 1965.

5- Shaffer G.W. and Lazarus, R.S. : Fundamental Concepts of clinical Psychology, New York McGraw – Hill 1952

6- Watson R.I. : The Clinical Method in Psychology, New York Harper 1949 Paperback Education.

7- Kahn, Theodore C. and Giffen, Martin B. : Psychological Techniques in Diagnosis and Evaluation, Oxford, Pergamon, 1960

Veer Narmad South Gujarat University, Surat
M.A. (Psychology)(Semester- II)
Paper- ECT-02 (Elective Course)
Research Methodology - II

(To come in force from June, 2010)

University Exam	: 70 Marks
Internal Exam	: 30 Marks

Total:	100 Marks

OBJECTIVES :

- 1– This course aims at familiarizing students with various steps involved in Research Process.
 - 2– This course deals with various methods that are employed in field settings.
 - 3–This course enables the students to prepare the write-up of the research.
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1– Source of Data

- Documentry Sources:

- Public Documents

- Personal Documents – Personal Letter, Diary, Autobiography, Life history etc.

2 – Field Sources and its importance.

- Types of Data

3 – Surveys :

- Sample surveys and Field studies.

- Longitudinal and Cross section Design of field studies.

4 – Experiments in Field setting.

- Meaning , types and advantages – limitation of the Field Experiments.

5 – Data Processing

– Editing, Classification and Tabulation

6 – Analysis and Interpretation of Data.

7 – The Research Report

– Outline of a Research report.

- Guidelines for writing the research Report as per American Psychology Association.

- Criteria used for judging the stability of a report for publication.

BOOKS :

- 1– Scott William A & Werthimar M. (1963) An Introduction of psychological Research N.V. Willey.

- 2- Underwood B.J. Psychological Research N.Y. Appleton century crofiles.
- 3- Yagnik , Dhila and Chothani (2005) ‘ Sanshodhan Padhdhati’ Akshar Prakashan, Ahmedabad.
- 4- Shah Dipika, ‘Shaikshanik Sanshodhan’ (University Granth Nirman Board (206)), Ahmedabad.
- 5- Shah A.G. and Dave J.K., ‘Samajik Sanshodhan Padhdhatio’, Rachana Prakashan (1988-89)

Veer Narmad South Gujarat University, Surat
M.A. (Semester- II)
Psychology Paper- ECT-02 (Elective Course)
Behavioral psychotherapy and Modification - II
(To come in force from June, 2010)

University Exam : 70 Marks
Internal Exam : 30 Marks

100 Marks

Objective: Make Students familiar with Behavioral Psychotherapy.
Clarify the background of theory of Behavioral Psychotherapy.
To acquire field Training of Behavioral Psychotherapy which is most famous
Psychotherapy of modern time
To prepare the students for the therapy of problematic child, patients of normal psychological
Problems, psychosis, neurosis, A.D.H.D , mental retardation and dyslexia.
Introduce with the practical use of various therapy of Behavioral Psychotherapy

1-Background

i. Behavioral Psychotherapies based on classical conditioning

Exposure , systematic Desensitization, Implosive Therapy, Flooding, Exposure
and Response prevention , Aversive Therapy,

ii Behavioral Psychotherapies based on Operant Conditioning

Contingency Management, Token Economy method Response Shaping, Response
Cost Method Modeling Social Skills Training-Assertiveness Training-Social Problem
Solving Training, Biofeedback

2 - Behavior Therapy in Different Disorders

i Background

ii Anxiety Disorders- Panic disorders with or without agoraphobia, Specific Phobia,
Social Phobia ,obsessive compulsive disorder

iii Schizophrenia

iv Childhood disorders-Conduct disorder, Attention-deficit /hyperactivity disorder, Mental
Retardation, Depression

v Sexual Disorder-Sexual desire disorder, Hypoactive sexual desire, Sexual aversion disorder
Sexual arousal disorders (Male and Female),Orgasmic disorders, Premature ejaculation
Sexual pain disorders

Fieldwork

Work with Mental handicap children , Mental hospital and mental ward ,Problematic
Child, case study, Training under psychologist and psychiatrist

BASIC BOOKS :

- 1- Behaviour Therapy and Beyond : Lazarus, A.A- McGraw –Hill
New York
- 2-About Behaviourism: B.F.Skinner -Knopf New York

- 3-Behaviour Therapy Techniques :A.A.Lazarus and Wolpe
-Pergamon. New York
- 4 -The Practice of Behaviour Therapy Pergamon. New York

Veer Narmad South Gujarat University, Surat
M.A. (Psychology) (Semester- II)
Paper- ICT-02 (Inter/Multi Disciplinary Course)
Health Psychology - II
(To come in force from June, 2010)

University Exam : 70 Marks
Internal Exam : 30 Marks

100 Marks

UNIT-I:

LIFE STYLES TO ENHANCE HEALTH AND PREVENT ILLNESS:

Life Styles, Risk factors and Health— The Role of Beliefs and Intentions- Developmental, Gender, and Socio-cultural factors in Health.

UNIT-II:

HEART DISEASE, STROKE : CAUSES, MANAGEMENT AND COPING

Heart Disease : Who is at risk of Heart Disease and why ? Medical Treatment and Rehabilitation of Cardiac Patients, The psychosocial Interventions for Heart Disease.

Stroke: Causes, Effects and Rehabilitation of Stroke.

UNIT-III : CANCER AND AIDS: : CAUSES, MANAGEMENT AND COPING

Cancer: The prevalence and Types of cancer, causes of cancer, Diagnosing and treating cancer, the psychosocial impact of cancer.

AIDS: Risk factors, effects and treatment of AIDS, The psychosocial impact of AIDS, Psychosocial interventions for AIDS.

UNIT-IV: STRESS AND HEALTH:

Stress-its meaning, impact and sources-psychosocial modifiers of stress-how stress affects health.

Basic Books:

- (1) Friedman, Howard, S. Health Psychology, Prentice Hall, 2002.
- (2) Sarafino, Edward, P. Health Psychology: Biopsychosocial Interactions, John Willy&Sons, Inc., 2002.
- (3) Marks, David, F., Murray, Michael. Evans, Brian., Carla, Willig., Sage Publishing,2001.
- (4) Mishra, G. (Ed.) Psychological Perspective on Stress and Health, Concept Publication, New Delhi, 1999.